

It has been said that health is a condition 'which allows one to do the most constructive work, render the best possible service to the world and experience the highest possible enjoyment of life'

It's what we all want. We want to achieve and enjoy. We want to run, not walk. We want to be able to play with and listen to our kids. We want to do our bit for the community and we want to have vitality left over, at the end of the working day, to share with our life partners. We want to live, laugh and love.

And to do any, let alone all, of these things we need vitality, a sense of wellbeing and good health.

However, without a clear starting point many people go from one health professional to another, without any consistency of care. This is where Beltex Whole Body Health's Total Health Management philosophy began.

Beltex Whole Body Health is now rapidly growing in both regional and metropolitan areas with more and more businesses and individuals finding the solutions to their health concerns with our assistance.

Being a business that began in a regional centre we believe in keeping everything as local as possible and building relationships with local health professionals to ensure clients have access to all the assistance they need at anytime they need it.

BELTEX Whole Body Health is committed to the highest quality service, always demonstrates integrity and reflects a caring attentive atmosphere.

We Aim to Bridge the Healthcare gap by;

Providing the community with access to healthcare professionals to enable individuals a complete solution that would otherwise be hard to manage.

Making it Easier for Business Owners and Managers

When it is your job to manage health in the workplace your team will want one thing and perhaps your Board of Directors another. Your health management plan will need to be sustainable, create a healthy work force and give great value for money.

Once you have developed a health management plan with our team of experts you will begin to see results immediately. Employee engagement and good health brings greater productivity. With stress and anxiety in the workplace on the increase your defense against increasing costs and low productivity is a health education system that actually works.

At Beltex Whole Body Health there are a range of professional options available via consultations, assessments, workshops and one on one coaching to risk assess and evaluate your team. Having access to a range of options allows a made to order service that is available at realistic prices.

Our aim is to ensure you can have both a productive and a happy workplace.